

**TSX VENTURE: GNH**  
**PINKS SHEETS: GOLHF**

**September 20, 2010**

**Golden Hope Appoints Michael T. Zurowski to its Board of Directors**

Toronto, Ontario—(Marketwire,-September 20, 2010 8:30 a.m.) Golden Hope Mines Limited (TSX VENTURE:GNH) (PINK SHEETS:GOLHF) is pleased to announce the appointment of Michael T. Zurowski to its Board of Directors.

Mr. Michael T. Zurowski, P.Eng., is the Executive Vice President of Baffinland Iron Mines Corporation (TSX:BIM), a company which he co-founded. He has been directly responsible for the detailed evaluation (metallurgy, marketing) of the Mary River iron ore deposits. This has given him an excellent perspective on the iron and steel markets with emphasis on the Atlantic Basin.

Immediately prior to joining Baffinland, he was president of the private company, an independent industry consultant and an associate at Watts Griffis and McOuat where he was the project manager for the Comprehensive Mineral Development Strategy for the Ministry of Petroleum and Mineral Resources for the Kingdom of Saudi Arabia. Watts Giffis and McOuat is Canada's longest running independent firm of Geological and Mining Consultants.

He has more than twenty-five years of experience in the management and evaluation of advanced projects including fifteen years with the Rio Tinto Group (LSE:RIO) (NYSE:RTP), initially based in Canada, then in Africa and Europe with shorter stints in other parts of the world. This role led him to evaluate the potential of the Baffinland Mary River Iron Deposits in the early 1990's as part of a comprehensive evaluation of iron ore deposits in North America.

Prior to Rio Tinto, Michael was Senior Geologist at Kennecott Canada Inc. where his responsibilities included co-ordinating commodity studies targeting advanced acquisition opportunities, generation and evaluation of new business opportunities, including technical, financial and environmental analysis of target companies and projects, and successful negotiations of joint venture and option agreements.

He is a Professional Engineer having graduated from the University of Toronto with a B.A.Sc in Geological Engineering.

“We are extremely pleased with the appointment of Michael Zurowski to our Board of Directors. His background and experience are an excellent compliment to the rest of the Board. We have been searching for a person with both a technical and practical background for some time now and Michael is an excellent example of that. He will most certainly play a key role in our efforts to advance our Gold deposit in South Eastern Quebec” states Frank Candido, President, Golden Hope Mines Limited.

The Board has granted incentive stock options to Mr. Zurowski to purchase 300,000 common shares of Golden Hope at a price of \$0.81 per share for a period of three years ending September 20, 2013.

**About Golden Hope Mines Limited:**

Golden Hope is a mineral exploration company that seeks to grow shareholder value through the acquisition, exploration and development of potentially large-scale gold and base metal projects suitable for underground and/or open-pit mining. The company's focus is in Quebec, Canada. The Bellechasse gold project in Southeastern Quebec includes the Timmins 1, Timmins 2 and Ascot gold zones, the new FSG volcanic environment targets and a number of recently claimed ultra basic/serpentine bodies. For further information on Golden Hope Mines Limited please visit [www.goldenhopemines.com](http://www.goldenhopemines.com).

**Forward-Looking Information:**

This release includes certain statements that may be deemed "forward-looking statements". All statements in this release, other than statements of historical facts, that address future production, reserve potential, exploration drilling, exploitation activities and events or developments that the company expects are forward-looking statements. Although the company believes the expectations expressed in such statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results or developments may differ materially from those in the statements. Various factors could cause actual results to differ materially from those in forward-looking statements. These include market prices, exploitation and exploration successes, continued availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. For more information on the company, investors should review Golden Hope's registered filings at [www.sedar.com](http://www.sedar.com).

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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