

TSX VENTURE: GNH
PINKS SHEETS: GOLHF

September 22, 2010

Golden Hope Intersects 34m at 3.68 Au g/t and Significantly Expands the Mineralized Structures at Bellechasse-Timmins.

Toronto, Ontario—(Marketwire-September 22,2010)-Golden Hope Mines Limited is pleased to announce that it has significantly expanded the mineralized structures at Bellechasse-Timmins in southeastern Quebec. A previously unknown quartz-bearing breccia zone in the order of 70m true thickness was intersected in the 88 Zone diorite. The style of mineralization is similar to that observed in the T1 Zone.

Significant intersections from the new drill holes include;

DDH	From (m)	To (m)	Length (m)	Au g/t
BD2010-116	222	226	4	1.44
BD2010-117	255	289	34	3.68
Incl.	260	261	1	103.00

Additional assaying is in progress to give continuous values for the entire intersection. Stripping of the surface projection of the zone is underway to permit bulk sampling.

The previously known T2A Zone was further extended by approximately 100m and remains open to the northeast and southwest and to depth. Significant intersections from the new drill holes include;

DDH	From (m)	To (m)	Length (m)	Au g/t
BD2010-115	102	112	10	7.19
Incl.	104	105	1	69.5
BD2010-119	167	174	7	4.84

Golden Hope has also traced the Ascot/Road Zone for over 825 metres.

Significant intersections from the new drill holes include;

DDH	From (m)	To (m)	Length (m)	Au g/t
BD2010-98	175	184	9	1.35
BD2010-105	82.7	89.3	6.6	1.41
BD2010-106	46	54	8	1.09
BD2010-113	154	160	6	1.11
BD2010-118	101	104	3	1.71

The zone remains open to the northeast, to the southwest, and to depth.

Golden Hope has also confirmed significant values for gold at the Beland 6.2 km southwest step out. The exploration diamond drill results from BB2010-02 include from 193m to 194m grading 1.06 g/t with visible gold present and from 210m to 211m grading 2.28 g/t.

Assay results to date continue to confirm significant mineralized structures within the immediate area of the Bellechasse-Timmins deposit as the diamond drill campaign continues to progress well.

As the drill campaign continues, visible gold has been encountered on a more frequent basis, reflecting the difference between the style of mineralization characteristic of Ascot-type zones and T1 and T2 type zones. Visible gold has been observed in 11 out of 40 (approximately 27%) of the holes. There are multiple occurrences of visible gold in many of these holes as well.

The occurrence of visible gold and assays of drill core that return values are significant only to the extent that both suggest the structures are mineralized. Grade estimators must be derived from much larger samples, as has been demonstrated by results from the 2009 bulk sampling of the T1 Zone surface exposure which gave an average grade of 2.99g/t compared with a drill core sample average of somewhat less than 2.0g/t.

The assay results from the holes reported confirm widespread mineralization but cannot be taken as reliable estimators of grade, due to the demonstrated inadequacy of core samples for grade estimation purposes due to the nature of the primary distribution of gold from which treatment of small samples produces the so-called 'nugget effect'.

“The goal of the 2010 drill campaign is to define the mineralized structures in the Bellechasse-Timmins area. As the campaign progresses, the company continues to enjoy success in its efforts to define significantly more tonnage of mineralized rock at Bellechasse-Timmins”, states Frank Candido, President of Golden Hope Mines Limited.

The Company has posted a complete table of these results and a compilation map on its website at http://goldenhopemines.com/exploration/bellechase_timmins_gold/ with up to date notes describing observations on all drill holes logged and sampled to date, including those for which assay data are not yet available.

About Golden Hope Mines Limited:

Golden Hope is a mineral exploration company that seeks to grow shareholder value through the acquisition, exploration and development of potentially large-scale gold and base metal projects suitable for underground and/or open-pit mining. The company's focus is in Quebec, Canada. The Bellechasse gold project in Southeastern Quebec includes the Timmins 1, Timmins 2 and Ascot gold zones, the new FSG volcanic environment targets and a number of recently claimed ultra basic/serpentine bodies. For further information on Golden Hope Mines Limited please visit www.goldenhopemines.com.

Forward-Looking Information:

This release includes certain statements that may be deemed "forward-looking statements". All statements in this release, other than statements of historical facts, that address future production, reserve potential, exploration drilling, exploitation activities and events or developments that the company expects are forward-looking statements. Although the company believes the expectations expressed in such statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results or developments may differ materially from those in the statements. Various factors could cause actual results to differ materially from those in forward-looking statements. These include market prices, exploitation and exploration successes, continued availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. For more information on the company, investors should review Golden Hope's registered filings at www.sedar.com.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For more information, please contact:

Golden Hope Mines Limited

Frank Candido

President, Director

514-750-8218

416-864-0175 (FAX)

fcandido@goldenhopemines.com or info@goldenhopemines.com

www.goldenhopemines.com

or

**Paradox Public Relations
Corporate Communications
1-866-460-0408**