

Exploration program update

Toronto, ON – August 6th, 2009: GOLDEN HOPE MINES LIMITED. (GNH: TSX-V; GOLHF - PK): Golden Hope Mines is in the middle of an extensive work program on its approximately 100,000 acres of mining claims in the Bellechasse – Chaudière area of Southeastern Quebec

The work is focused on identifying potential targets for test drilling later this year. The claim groups extend for almost 100 kilometers on, and adjacent to the Baie Verte Brompton fault.

A soil sampling program is being completed over a grid 1.4 by 1.1 km to explore for gold – base-metals targets. The geochemical sampling will test an area where a previous airborne geophysical survey identified a discrete magnetic anomaly at the contact between the St. Daniel Melange and the underlying Caldwell Formation.

Two short linear features interpreted from airborne geophysics bound the magnetic anomaly. The linear features are oriented at a high angle to stratigraphy and cross-cut the upper sediments and volcanics of the Caldwell Formation and may reflect subseafloor hydrothermal vents. Nearby and along one of the linear trends bedrock samples containing anomalous Au, Cu, Zn Pb values were obtained previously.

The samples will be sent to Activation Laboratories in Ancaster, Ontario, shortly, for a detailed hydrocarbon geochemical analysis. The data will be used to define the mineral potential, and if positive, used to select drill targets within the zone.

Golden Hope Mines is also conducting an extensive surface exploration program on the ultramafics on 7 different potential mineralized geological settings. The results from this program will help define drill targets in these very prospective environments.

Data collected from the ultramafic intrusive rocks so far this season shows two environments warranting further attention: The first is favourable to PGM deposits and is currently being sampled and mapped while the second is a mixed environment of carbonate altered Ultramafic/Caldwell-Volcanics and is being mapped and sampled as a gold target.

Drilling will commence once the laboratory results from samples taken from these targets are received and confirm potentially economic mineralization.

James Tilsey, P. Eng., Hendrik Veldhuyzen, P. Geo, have prepared and reviewed the technical content in this news release and are qualified persons (QP) for Golden Hope in compliance with National Instrument 43-101.

About Golden Hope Mines Ltd.

Golden Hope Mines Limited is a mineral exploration company that seeks to grow shareholder value through the acquisition, exploration and development of potentially large-scale gold, silver and base metal projects suitable for underground and/or open-pit mining. The company's focus is in Quebec, Canada. The Bellechasse gold project in Quebec includes the Timmins 1 and 2 and Ascot gold zones, the Coucou volcanic target and a number of newly claimed serpentinite geological environments. For further information on Golden Hope, visit www.goldenhopemines.com.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

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