

TSX VENTURE: GNH
PINKS SHEETS: GOLHF

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Golden Hope Mines Completes Trenching and Bulk Sampling on its Bellechasse (Timmins) Gold Deposit.

Golden Hope Mines Limited is pleased to announce the completion of a trenching and bulk sampling program on the T1 and T2 gold-bearing zones of the Bellechasse (Timmins) Gold deposit.

A total of seven new trenches were blasted across portions of the T1 and T2 mineralized zones. The 2007 Rico trench was re-sampled as part of the current study. 84 bulk samples ranging from ~5 to ~15 tonnes each were recovered. The majority of samples represented 2 meter advances across the strike of the mineralization: Several 3 metre samples were collected where field conditions dictated. The trenches can be viewed on the company's web site at www.goldenhopemines.com/UserFiles/BC_min_zones.pdf.

A mobile crushing and screening plant set up on the property processed each individual bulk sample to 100% passing ~380mm. All samples are archived on the property in a prepared area and each sample is marked and mapped to permit re-sampling if required.

Five ~25kg sub-samples were collected from each lot for further size reduction to ~95% passing 6mm. This product is riffled to yield two ~1 kg cuts for total pulp metallic treatment in a commercial assay laboratory. The first several lots of these samples have already been shipped for analysis. Additional shipments are following on a regular basis.

In addition, 84 ~75kg to 100kg trench-bottom samples corresponding to the bulk samples were collected. Each of these was crushed to -6mm and riffled to yield two ~1kg splits for total pulp metallic treatment. All of these samples have already been processed and shipped to Activation Laboratories Ltd for analysis. Results are pending.

Golden Hope Mines is working toward developing reliable grade data that will permit preparation of resource estimates.

Bulk sample photos can be viewed at www.goldenhopemines.com/gallery.php.

James Tilsley, P. Eng., has prepared and reviewed the technical content in this news release and is a qualified person (QP) for Golden Hope Mines in compliance with National Instrument 43-101.

About Golden Hope Mines Ltd.

Golden Hope Mines Limited is a mineral exploration company that seeks to grow shareholder value through the acquisition, exploration and development of potentially large-scale gold and base metal projects suitable for underground and/or open-pit mining. The company's focus is in Quebec, Canada. The Bellechasse gold project in Quebec includes the Timmins 1, Timmins 2 and Ascot gold zones, the new FSG volcanic targets and a number of recently claimed ultra basic/serpentine geological environments. For further information on Golden Hope Mines, please visit www.goldenhopemines.com.

Forward-Looking Information:

This release includes certain statements that may be deemed "forward-looking statements". All statements in this release, other than statements of historical facts, that address future production, reserve potential, exploration drilling, exploitation activities and events or developments that the company expects are forward-looking statements. Although the company believes the expectations expressed in such statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results or developments may differ materially from those in the statements. Factors could cause actual results to differ materially from those in forward-looking statements. These include market prices, exploitation and exploration successes, and continued availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. For more information on the company, investors should review registered filings at www.sedar.com.

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